

DHF KERN COUNTY RESOURCE GUIDE

P.O. Box 2087, Bakersfield, CA 93303 • P: (661) 383-2588
www.doloreshuerta.org



Family Services

Kern County Human Services

Assist with Human Services, Domestic violence, Medical, Mental Health, etc. **Visit:** 5400 Monitor St. Bakersfield, CA 93307 or **Dial:** (661) 336-5411

Victory Family Services

Foster Care services assist foster children and foster families through education & training. **Visit:** 4200 Truxtun Ave #202, Bakersfield, CA 93309 or **Dial:** (661) 912-0111

Kern County Human Resources: Mental / Behavioral Health Services

Assistant with Youth and adolescents *referral may be needed. **Visit:** 100E California Ave Bakersfield, CA 93307 **Dial:** (661) 631-6000

The Open Door Network

Serves those whose lives have been, or could be, impacted by homelessness, domestic violence, sexual assault, child abuse, and human trafficking. **Dial:** (661) 322-9199 **24-Hour Crisis Hotline:** (661) 327-1091 **Visit:** opendoorhelps.org



PG&E Assistance

CAPK Energy Program

You'll need to apply for review to find out if you qualify for assistance. If your application is approved, Utility Assistance is usually paid within 8 weeks. For more information on the application process.

Visit: energy.capk.org **Dial:** 211

(Note: Must be a resident of Kern County/US Citizen or Legal and Permanent Resident)

United Way of Kern County

United Way offers an energy credit for up to \$1000 based on past due bills through the **PG&E REACH Program**; you can apply online. For more info **Visit:** <https://uwcec.org/our-work/economic-resilience/pge-reach-program/>

Dial: (661) 834-1820



Health and Mental Health Services

Suicide Prevention Lifeline

Free and confidential support for people in distress, prevention and crisis resources for you or your loved ones. **Dial:** 988

Kern Behavioral Health & Recovery Services

Offering assistance with mental health and substance use treatment.

Dial: (661) 868-8080 **24-hour Substance Use Access Line:** (866) 266-4898

In-Home Supportive Services (IHSS)

Assist eligible elderly or blind persons or persons with disabilities with domestic and related services, housecleaning, meal preparation and cleaning.

Visit: 5357 Truxtun Ave Bakersfield, CA 93309 **Dial:** (661) 868-1000

Medi-Cal Department of Human Services

Medi-Cal provides free or low-cost health insurance for eligible individuals with various health benefits and services. **Dial:** (661) 631-6000

Bakersfield Adult Rehabilitation Center

Serves as a center to receive substance abuse counseling and a getaway into recovery. **Visit:** 200 19th Street, Bakersfield, CA 93301 or **Dial:** (661) 325-8626

NAMI Kern County (National Alliance on Mental Illness)

Providing support, education, and advocacy for persons with mental illness, their families, and friends. **Visit:** <https://namikerncounty.org/> **Dial:** (661) 858-3255

Bakersfield American Indian Health Project.

Aids in assessing and developing health plans for numerous health concerns, including assisting various individuals and families.

Visit: 1617 30th St, Bakersfield, CA 93301 **Dial:** (661) 327-4030

Planned Parenthood

Protecting and expanding access to sexual and reproductive health care and education and providing support to its member affiliates.

Visit: <https://www.plannedparenthood.org/> **Dial:** (661) 634-1000



LGBTQIA+ Resources

Trevor Project Lifeline

Focused on suicide prevention efforts among lesbian, gay, bisexual, transgender, queer, and questioning youth. **Dial:** (800) 788-7386

The Center for Sexuality & Gender Diversity

Dedicated to providing a wide range of support and resources for the 2SLGBTQIA+ community. Offering services such as counseling services, support groups, health and wellness programs and have a resource directory **Visit:** 902 18th St. Bakersfield, Ca, 93301 **Dial:** (661) 843-7995



ITIN Assistance

(ITIN - Individual Taxpayer Identification Number)

Don't Have a Social Security Number? Apply for your ITIN. It allows you to file your taxes, open a personal bank account, start a business, build credit, get your license, get a mortgage, and claim cashback through CalEITC and Young Child Tax Credit.

To Apply, you must fill out a **W-7 Form** and mail it out. For more info

Visit: www.irs.gov/individuals/how-do-i-apply-for-an-itin

Note: W-7 Form must be filed with Income Taxes

W-7 Form



Report ICE/CBP and Resources

KNOW YOUR RIGHTS

- You have the right to remain silent. If you wish to exercise that right, say so out loud.
- You have the right to refuse to consent to a search of yourself, your car or your home.
- If you are not under arrest, you have the right to calmly leave.
- You have the right to a lawyer if you are arrested. Ask for one immediately.
- Regardless of your immigration or citizenship status, you have constitutional rights.

RRN Kern - Rapid Response Network Kern

a collaborative of local organizations, community leaders and immigrant rights advocates working to develop a system to better support our immigrant communities **Dial:** (831) 239-4289

Please complete this form to report/refer anyone who has been detained by ICE in Kern County. Once you submit the form someone from the Rapid Response Network of Kern will follow up with the person and/or family member.



Youth Education and Support

Dolores Huerta Foundation's Youth Program - Higher Education Assistance

Assisting with transitioning into higher education, offering college application support, career guidance, financial aid/scholarships, and employment development.

For info **Visit:** doloreshuerta.org **Dial:** (661) 558-2052

CRLA - California Rural Legal Assistance, Inc.

Legal assistance with Special Education, School Funding Equity, Language Equity, School Discipline, School Complaint Procedures, Bullying, and Discrimination

Visit: <https://crla.org/> **Dial:** (661) 725-4350

California Kids Investment and Development Savings Program (CalKIDS)

Saving for college or career training. To be eligible for **CalKIDS**, participants must be born in California on or after July 1, 2022. Eligible low-income public school students in grades 1-12 in California. **Visit:** <https://calkids.org/> **Dial:** (888) 445-2377

Kern Regional Center

Purpose is to provide supports and services to individuals with developmental disabilities to help them achieve an independent, productive, and satisfying life.

Dial: (661) 327-8531 **After Hours Dial:** (661) 327-8531

Learn to Be - Online Tutoring Service

Help kids from underserved communities unlock their potential by connecting them with exceptional tutors online, for free. **Visit:** <https://www.learn2tobe.org/>



Other Services

GED Preparation by Bakersfield Adult School (B.A.S.)

Serves teens, young adults, adults, and seniors for signup dates. **B.A.S.** also provides ESL Distance Learning this program provides video instruction to learn English at home as well as in-person lessons once a week. **Dial:** (661) 835-1855

Visit online: <https://bas.kernhigh.org/>

Overtime For Agricultural Workers

As of Jan. 1, 2022, agricultural workers are eligible for overtime pay at the rate of one and one-half times the employee's regular rate of pay after 8 hours in a day or 40 hours in a workweek

Workers Compensation

If you're unable to work because of injuries or because you were exposed to or contracted COVID-19 while working, include undocumented workers.

Dial: (844) 522-6734

Professional Clothing by Dress for Success

Assist women, adults, teen, seniors finding professional clothing to seek employment. Referral may be needed to receive assistance.

Visit: 1416 17th Street Bakersfield, CA 93301 **Dial:** (661) 748-1809

Employment Development Department (EDD) - Workforce Service Branch

The EDD's Workforce Services offer a variety of services that bring employers with job openings together with qualified job seekers. **Services to Job Seekers:** Job Search workshops that teach skills needed to find a keep a job, assistance with accessing CalJOBS system, referral to education, training, and supportive services, and intensive services to customer with special needs. **Visit:** www.caljobs.ca.gov

For any addition questions or assistance contact our
DHF Resource Center - Monica Jimenez (661) 558-2042

Coronavirus Testing CALL FIRST

Kern Family Health Bakersfield (661) 632-1590 Outside Bakersfield (800) 391-2000 Kaiser Permanente (833) 574-2273 Dignity Health Medical Group Bakersfield (661) 865-5494

COVID-19 VACCINES

Did you know that those people living or working in Kern County who are 5 years of age and older are eligible for the COVID-19 vaccine? No insurance is required and vaccinations are free. To make an appointment, visit [MyTurn.ca.gov](https://myturn.ca.gov) or call the Public Health Call Center at (833) 540-0473 or United Against COVID Hotline: (661) 383-2588

This list of free resources was verified by the Dolores Huerta Foundation 6/26/2024