

E3: Who Are You? Facilitator's Guide

Original Activity design by Dr. Asa Hilliard

<p>Classroom Setup: Create a comfortable environment conducive to dialogue. Arrange the chairs/desks in a semi-circle and consider playing relaxing music during the activity.</p>		
Objective	Students will build a sense of community by sharing personal information in a safe and supportive space.	
Materials	<ul style="list-style-type: none"> ● Music/Speakers (optional) ● pencils/markers ● Who Are You? Handout 	
Time	Who Are You? Activity	Facilitator Notes
20 min.	<p>Individual Reflection: Pass out the <i>Who Are You?</i> handout and ask students to write or draw pictures based on the 3 questions listed.</p> <p>Group Activity: Ask students to create two concentric circles, one inside the other, with the inner circle facing the outer circle. Make sure everyone has a partner (from the other circle). If students don't already know each other, have them introduce themselves. Follow the same protocol for each of these three questions:</p> <ol style="list-style-type: none"> 1. Who are you? 2. Who do other people think you are? 3. Who do you want to be? <p>Activity Protocol:</p> <ul style="list-style-type: none"> • Students in the inner circle get 30 seconds to answer the question without interruption from their partners. Encourage students to talk the entire time, but if they finish early, wait in silence until the 30 seconds ends. • Students in the outer circle get 30 seconds to answer the questions without interruption from their partners. If finished early, wait in silence until 30 seconds are over. 	<p>This activity offers students an opportunity to explore their identities based on their reflections to these three questions: Who Are You? How do others see you? Who do you want to be? Continuously bring students back to these three key questions throughout the activity. This allows them to define and own their identities. Encourage students to speak about themselves in all aspects of their lives (i.e. as student, brother, cousin, etc.) and be as descriptive and honest as possible.</p>

	<ul style="list-style-type: none">• Outer circle students rotate 2 spaces to the right. Repeat the process with the 2nd and 3rd questions.	
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Brief Debrief: Ask students what they noticed during the activity. What came up for them? Share out.